Jeezel STORAGE CHART

EGGS

| FOOD | TIME | FOOD | TIME |
|------------------------------------|--------------|----------------------------|--------------|
| Fresh eggs in shell | Don't freeze | Egg substitutes (opened) | Don't freeze |
| Raw yolks/whites | 1 year | Egg substitutes (unopened) | 1 year |
| Hard cooked eggs | Don't freeze | Eggnog (store-bought) | 6 months |
| Liquid pasteurized eggs (opened) | Don't freeze | Eggnog (homemade) | Don't freeze |
| Liquid pasteurized eggs (unopened) | 1 year | Casseroles with eggs | 2-3 months |

FRESH MEAT, POULTRY & FISH

| FOOD | TIME | FOOD | TIME |
|---------------------------------|-------------|-----------------------------------|------------|
| Steaks | 6-12 months | Whole chicken/turkey | 1 year |
| Chops | 4-6 months | Chicken/turkey parts | 9 months |
| Roasts | 4-12 months | Giblets | 3-4 months |
| Variety meats | 3-4 months | Lean fish | 6-8 months |
| Hamburger & stew meats | 3-4 months | Fatty fish | 2-3 months |
| Ground turkey, veal, pork, lamb | 3-4 months | Shrimp, scallops, crawfish, squid | 3-6 months |

COOKED MEAT

| FOOD | TIME | FOOD | TIME |
|-------------------------|------------|--------------------------------|------------|
| Cooked meat/meat dishes | 2-3 months | Cooked pieces, plain | 4 months |
| Gravy & meat broth | 2-3 months | Cooked pieces with broth/gravy | 6 months |
| Fried chicken | 4 months | Chicken nuggets, patties | 1-3 months |
| Cooked poultry dishes | 4-6 months | | |

DELI & VACUUM-PACKED PRODUCTS

| FOOD | TIME | FOOD | TIME |
|------------------------------------|--------------|----------------------------------|--------------|
| Store-bought/homemade salads | Don't freeze | Store-cooked convenience meals | Don't freeze |
| Pre-stuffed chops & chicken breast | Don't freeze | Vacuum-packed dinners (unopened) | Don't freeze |

Jeezel STORAGE CHART

READY TO EAT MEATS

| FOOD | TIME | FOOD | TIME |
|----------------------------------|------------------|---------------------------------|------------|
| Corned beef with pickling juices | Drained, 1 month | Hot dogs (opened) | 1-2 months |
| Canned ham (unopened) | Don't freeze | Lunch meats (unopened) | 1-2 months |
| Canned ham (opened) | 1-2 months | Lunch meats (opened) | 1-2 months |
| Fully cooked ham (whole) | 1-2 months | Bacon | 1 month |
| Fully cooked ham (half) | 1-2 months | Sausage (raw) | 1-2 days |
| Fully cooked ham (slices) | 1-2 months | Sausage (cooked) | 1-2 months |
| Hot dogs (unopened) | 1-2 months | Smoked breakfast links, patties | 1-2 months |

MILK & DAIRY

| FOOD | TIME | FOOD | TIME |
|-------------------------------------|--------------|---------------------------|--------------|
| Butter | 6-9 months | Cottage or ricotta cheese | Don't freeze |
| Hard cheese (Cheddar, Parmezanetc.) | 6 months | Cream cheese | Don't freeze |
| Shredded cheese | 3-4 months | Milk | 3 months |
| Soft cheese | 6 months | Sour cream | Don't freeze |
| Condensed milk (canned, opened) | Don't freeze | Yogurt | 1-2 months |

MISCELLANEOUS

| FOOD | TIME | FOOD | TIME |
|------------------------------------|------------|-------------------------|------------|
| Soups/stews (with vegetables/meat) | 2-3 months | Canned seafood (opened) | 2 months |
| Homemade pies | 1-2 months | Pizza | 1-2 months |
| Baked bread products | 3-5 months | Cakes & muffins | 6 months |
| Doughnuts | 1 month | Tortillas | 6 months |